

TABLE 5.1 PROCEDURAL INTERVENTIONS EXPECTED LEVEL OF COMPETENCE AT GRADUATION

Preamble: The following table lists the interventions, or components thereof, performed by the entry-level physical therapist assistant under the direction and supervision of the physical therapist as indicated in the physical therapist plan of care. The table includes eight intervention categories consistent with the Guide to Physical Therapist Practice and A Normative Model for Physical Therapist Professional Education: Version 2004 taking into consideration the appropriate expectations for an entry-level PTA as well as what can really reasonably be accomplished within an associate's degree program. The table is intended as a guide to assist faculty and determining the appropriate content, level of instruction, and expected level of confidence. The table is not intended to describe post entry-level PTA skills, nor is it intended to be prescriptive, but individual program variations may still occur. For example, because not all PTA programs have access to therapeutic pools, aquatic therapeutic exercise programs are listed at the PTA knowledge level. However, a program that has access to an appropriate pool and faculty skilled and aquatic physical therapy may elect to include aquatic therapeutic exercise programs at the skill level of confidence in the curriculum. The only absolute restrictions noted within this table include selective sharp debridement, joint mobilization/manipulation, and interventions that require consistent a valuation by the physical therapist consistent with the current a APTA position statement, Procedural Interventions Exclusively Performed P

Physical Therapy Procedural Intervention	Entry -Level Competence		Non -Entry Level
Physical Therapy Procedural Intervention	Entry -Level Competence		Non -Entry Level
	PTA Knowledge	PTA Skill	
x Sensory training or re-training	X	X	
x Standardized, programmatic, complementary exercise approaches (protocols)	X	X	
x Task specific performance training	X	X	
x Vestibular training	X		
Body mechanics and postural stabilization			
x Body mechanics training	X	X	
x Postural control training	X	X	
x Postural stabilization activities	X	X	
x Postural awareness training	X	X	
Flexibility exercises			
x Muscle lengthening	X	X	
x Range of motion	X	X	
x Stretching	X	X	
Gait and locomotion training			
x Developmental activities training	X	X	
x Gait training	X		
x Implement and device training	X	X	



Physical Therapy Procedural Intervention

Entry -Level Competence  
PTA Knowledge                      PTA Skill

Non-Entry Level

Physical Therapy Procedural Intervention	Entry -Level Competence		Non -Entry Level
	PTA Knowledge	PTA Skill	
x Splints	X	X	
	X	X	

Physical Therapy Procedural Intervention	Entry -Level Competence		Non-Entry Level
	PTA Knowledge	PTA Skill	
<b>Positioning</b>			
x Positioning to alter work of breathing	X	X	
x			

Physical Therapy Procedural Intervention

PTA Knowledge

PTA Skill /TH <<

Non-Entry Level

Physical Therapy Procedural Intervention	Entry -Level Competence		Non-Entry Level
	PTA Knowledge	PTA Skill	
Mechanical modalities			

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